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Influence of exercise intensity and duration on perceived exertion in adolescent Taekwondo athletes

Monoem Haddad ^a , Anis Chaouachi ^a , Del P. Wong ^b , Carlo Castagna ^c , Olivie Hue ^d , Franco M. Impellizzeri ^e & Karim Chamari ^{a f}

 $^{\rm a}$ Tunisian Research Laboratory 'Sports Performance Optimisation' , National Center of Medicine and Science in Sports (CNMSS) , Tunis , Tunisia

 $^{\rm b}$ Faculty of Management and Hospitality , Technological and Higher Education Institute of Hong Kong (THEi)

^c Football Training and Biomechanics Laboratory, Italian Football Federation (FIGC), Technical Department , Coverciano (Florence) , Italy

^d Laboratory ACTES, Department of Physiology, University of the French West Indies, Guadeloup, *CAREST (CAribbean network of REsearchers on Sickle cell disease and Thalassemia)

^e Research Centre for Sport, Mountain and Health , University of Verona , Rovereto , Italy

^f University of Manouba , ISSEP Ksar Said Published online: 31 May 2012.

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